



### Principal's Message

#### Safety on line

This is a challenging and complex area for students and adults to navigate. Here are some suggestions for families so they can support students to access material safely. All **Stage 3** students have the opportunity to attend a free presentation at school by the local Police Youth Liaison team on Monday the 29th March. **If you do not wish for your child to attend please inform their class teacher before the event.**

#### Stay involved and keep communicating

What you can do:

- Share online time with them by talking about favourite apps, games or websites.
- Ask about their online experiences, whom they are talking to and whether they are having any issues.
- Reassure your child they can always come to you, no matter what. Let them know you will not cut off internet access if they report feeling uncomfortable or unsafe when online — that could stop your child from communicating with you openly.

#### Create boundaries and rules for devices and online access

What you can do:

- Make sure there are consequences for breaking them.
- Consider a Family Tech Agreement, a set of rules about how devices, like smartphones, tablets, computers, TVs and gaming consoles are used in your home. It is written down and agreed to by all family members.

#### Cyberbullying

Online bullying is common, but children may be reluctant to tell you out of fear it will make things worse.

#### Pay attention changes in behavior

What you can do:

- Look out for the signs, such as withdrawn behavior or emotional upset after online use.
- If you notice a change in behaviour or mood, talk to your child about it. If you are concerned, consider seeking professional help — from your GP, a psychologist or school counsellor.

### **Inappropriate content**

Small children may be alarmed by the accidental discovery of inappropriate content online, while older kids may seek it out but still have their views on relationships affected in a negative way.

### **Use parental controls such a content filters**

- Remember, there is a role here for parental controls over devices, such as enabling the safe search mode on internet browsers or wifi controls.

### **Discuss what your child may have seen**

- Consider discussing pornography in an age-appropriate way with your children.
- Establish a few ground rules about what is acceptable or unacceptable.

### **Unwanted contact**

Unwanted contact and sexual grooming are serious problems that parents and carers should use specific techniques to mitigate.

### **Protect your child's privacy and anonymity**

What you can do:

- make the social media accounts of your children private
- delete or edit contacts whom your child does not know personally
- teach your child how to block unwanted people contacting them.
- Encourage them to use only a first name or nickname to identify themselves in online chat and on social media, and never to disclose their phone number, birthday, address or school.
- Explain that they should not send photographs of themselves that clearly show their identity.
- For younger children, ask them not to post or text images or videos without your permission.

### **Be aware of your child's online interactions**

What you can do:

- Keep communication open so your child knows to come to you when someone is asking them to do something that does not feel right.
- They especially need to feel comfortable about telling you if they have done something they regret and someone is pressuring them as a result.

## Upcoming events

19 March	Stage 1 Vaucluse House excursion—Year 1
22 March	Harmony Day
22 to 31 March	Parent Teacher Interviews
24 March	Jersey Day
25 March	Zone Football trials
26 March	Stage 1 Vaucluse House excursion—2B, 2C, 2/3S
29 March	Zone Rugby Union trials
31 March	Cross Country—Years 3 to 6 (children who are 8 or older)
1 April	Easter Hat Parade and last day of Term 1
	Last day of Term 1



## Easter Hat Parade and P & C raffle

We will be celebrating the last day of Term 1 with our Easter Hat Parade. The parade will commence on our back grass at 9.45am for a 10am start. All students are encouraged to participate by creating or decorating an Easter hat at home or bringing along some bunny ears for the parade. Please see further details on the note being sent home today or the school app.

The Miranda North P & C are holding an Easter Raffle on the day and are asking for donations. If you are able to help by purchasing Easter Eggs or chocolate bunnies, baskets, bags or gifts your donations will help to make the raffle a success.

Please see further details at the back of the newsletter, a copy of this note is also being sent home today and will also be put on the school app.



## P & C dates to remember

**Monday 22 March**

**Harmony Day Snack Canteen**

The Canteen will be selling orange snacks

**Wednesday 24 March**

**Jersey Day Sausage Sizzle** (order form attached)

Please return orders by Monday 22 March

**Wednesday 31 March**

**Cross Country snack canteen on oval**

**Thursday 1 April**

**Easter Raffle** (note attached)

Please send donations to school by Tuesday March 30.

## Fun with fine motor skills in KO

KO have all settled in so nicely to school life! Fine Motor afternoons are always our favourite time of the day! All of the students work so hard to build their strength, focus and teamwork skills during these afternoons. We love getting creative with new activities and sharing our skills with each other. So proud of all of KO's hard work this term! #CreativeCollaborativeConfident







# 2021 MNPS P & C Easter Raffle

We are holding our annual Easter Raffle and are reaching out to MNPS families for donations!

**What is needed?**

**Easter Eggs or Chocolate Bunnies**

**Baskets**

**Easter Bags**

**Easter Gifts**

All donations will be put together to make up Easter Hampers or Bags.

Raffle tickets will be sold on Thursday 1<sup>st</sup> April prior to the Easter Hat Parade.

Tickets will be drawn throughout the afternoon.

We missed out on holding a hat parade and raffle last year,

let us make 2021 our biggest Easter Raffle yet!

Donations are to be delivered to the office no later than Tuesday March 30<sup>th</sup>

